

ATHLETIC TRAINING STUDENTS

Thank you for your interest in becoming a FWC Athletic Training Student!

The coaching staff and I believe that our athletic training students are a vital part of the success of our athletic programs here at FWC. We rely on them to help carry out the daily needs for all our student athletes and without their service, those needs do not get met in the most efficient and safe manner.

Any high school student who is planning to pursue a career in the healthcare industry should strongly consider becoming a FWC Athletic Training Student. The experience you gain from the direct exposure you will have to our student athletes, licensed athletic trainers, and team physicians can greatly enhance your knowledge as a future doctor, chiropractor, nurse, physical therapist, etc.

In short, my athletic training students meet everyday in the athletic training room during 7th period (2:20pm-3:10pm). The athletic training room is located in the back of Cardinal Gym next to the weight room. General responsibilities of FWC athletic training students will include:

- practice and game day equipment set up
- assisting with injury evaluations
- administering treatments
- maintaining inventory
- maintaining treatment records
- football game days & track meets*

My athletic training students may leave at the end of the athletic period once all daily duties and assignments have been completed. However, they all have the option to stay and assist during all practices and games.

*The only requirement of all my athletic training students after normal school hours involves your assistance during some MS/JV home football games and ALL varsity football games in the Fall. Spring semester will require assistance during home track meets only. My athletic training students will assist the coaching staff and I with game day responsibilities and travel with me to all away varsity football games including playoff games. Assistance with other sports during game days is optional, but will add to your overall experience regarding the triage of an injured athlete.

For more information about becoming an FWC athletic training student, please contact me at following:

Athletic Training Room: **817-281-6504 x192**
Email: ckarlen@fwc.org.

I look forward to hearing from you!

-Coach Karlen