

Plate Lunch:
 PK—2nd grades.....\$3.75
 3rd-12th grades.....\$3.95
 Drink Choices (K-2nd grade)
 Milk (8oz) or Juice (4oz)
 Drink Choices (3rd-12th grade)
 Milk (8oz), Juice (4oz),

October 2017

**Fort Worth Christian
 Cardinal Cafe**

Larger portion plates
 are available for
 additional .75¢
 Extra Milk (8oz): .70¢
 Extra Juice (4oz): .60¢
 Second Helpings: .75¢

Faculty Plate: \$3.75

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------|
| 2 Baked Ziti Garlic Bread Garden Salad Cookies | 3 Chicken Nuggets Mashed Potatoes Green Beans Apples | 4 Breakfast for Lunch Biscuits w/ Sausage Scrambled Eggs Grapes | 5 BBQ Smokies Buttered Corn Broccoli Trees Dinner Roll | 6 NO LUNCH FALL BREAK |
| 9 NO LUNCH FALL BREAK | 10 Cheeseburger Tater Tots Green Peas Cookies | 11 NO LUNCH EARLY RELEASE | 12 Pizza Squares Carrot Sticks Green Beans Grapes | 13 Papa John's Pizza Day Carrot Sticks Ice Cream Treat |
| 16 Bowtie Pasta With Marinara Sauce Garden Salad Breadstick Cookie | 17 Cheese Enchiladas Spanish Rice Queso Dip Tortilla Chips | 18 Breakfast for Lunch Fr Toast w/ Sausage Scrambled Eggs Banana Half | 19 Steak Fingers Mashed Potatoes Gravy Green Beans Dinner Roll | 20 Chick Fil A Day Pretzel Mix Baby Carrots |
| 23 Beef Lasagna Caesar Salad Cheesy Breadstick Fruit | 24 Beef Taquitos Tossed Salad Tortilla Chips Queso Dip Fruit | 25 Grilled Chicken (GF) Rosemary Potatoes Green Beans Cinnamon Apples | 26 Orange Chicken Steamed Rice Mini Egg Roll Oranges | 27 Papa John's Pizza Day Carrot Sticks Ice Cream Treat |
| 30 Spaghetti & Meatballs Garden Salad Dinner Roll Fruit | 31 Grilled Cheese Tomato Soup Broccoli Trees Cookie | 1 Breakfast for Lunch Waffles w/ Sausage Scrambled Eggs Grapes | 2 Chicken Spaghetti Green Beans Dinner Roll Garden Salad | 3 Chick Fil A Day Pretzel Mix Baby Carrots |

A-La-Carte Items (for 3rd—12th grades)

Will be available on a daily basis. Come by and see what fun and delicious items are freshly prepared for you on a daily basis.

Take Dinner Home With You

We have frozen entrees to grab and take home for supper. Come by or email for our weekly options.

Fall is here!

We have daily soups for the students to enjoy.

Look for:

- Chicken Noodle Chili Beans
- Broccoli Cheese Tomato Basil
- Chicken & Dumplings
- Loaded Baked Potato
- Many, many more



IS SERVED

For assistance call 817-520-6506 or email: kitchen@dinnerisserved.org

www.dinnerisserved.org